

SIZE

| To fit bust/chest (cm/in) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $81-86$ | $91-97$ | $102-107$ | $112-117$ | $122-127$ | $132-137$ | $142-147$ | $152-157$ |
| $32-34$ | $36-38$ | $40-42$ | $44-46$ | $48-50$ | $52-54$ | $56-58$ | $60-62$ |
| Actual bust/chest measurement of garment |  |  |  |  |  |  |  |
| 100 | 109 | 120 | 129 | 140 | 149 | 160 | 169 |
| $391 / 4$ | 43 | $471 / 4$ | $503 / 4$ | 55 | $581 / 2$ | 63 | $661 / 2$ |

## YARN

Norwegian Wool (50gm)
A Cloud Dancer 014


## NEEDLES

1 pair 3 mm (no 11) (US 2/3) needles
1 pair 33/4mm (no 9) (US 5) needles

## TENSION

25 sts and 24 rows to 10 cm measured over patterned st st, 22 sts and 28 rows to 10 cm measured over plain st st, both using $33 / 4 \mathrm{~mm}$ (US 5) needles.

## BACK

Using 3mm (US 2/3) needles and yarn A cast on 106 [114: 126: 138: 150: 158: 170: 182] sts.
Row 1 (RS): K2, ${ }^{\star} \mathrm{P} 2$, K2, rep from ${ }^{\star}$ to end.
Row 2: $\mathrm{P} 2, \star \mathrm{~K} 2, \mathrm{P} 2$, rep from ${ }^{\star}$ to end.
These 2 rows form rib.
Cont in rib until back meas 6 cm , dec 2 [0:0:2:2:0:0:2] sts evenly across last row and ending with WS facing for next row. 104 [114: 126: 136: 148: 158: 170: 180] sts.
Change to $33 / 4 \mathrm{~mm}$ (US 5) needles.
Purl 1 row in yarn A.
Join yarn D and beg with a K row, work 2 rows in st st.
Break off yarn D.
Using yarn A cont in st st, inc 1 st at each end of the next and 2 [1: 1:2:2:1: 2: 1] foll 34th [34th: 34th: 36th: 36th: 36th: 38th: 38th] rows, then on the foll - [36th: 36th: -: -: 38th: -: 40th] row. 110 [120: 132: 142: 154: 164: 176: 186] sts. Cont in st st using yarn A without shaping until work meas 61.5 [67: 69: 71: 73: 75: 77:79] cm, ending with WS facing for next row.
Next row (WS): P10 [9:7:5: 4: 13: 8: 6], M1P, (P6 [6:7:7:7:6:7:7], M1P) 15 [17: 17: 19: 21:23: 23:25] times, $P$ to end.
126 [138: 150: 162: 176: 188: 200: 212] sts.
Beg and ending rows as indicated, using the fairisle technique as described on the information page and repeating the 6 st patt rep 21 [23: 25: 27: 29: 31:33:35] times across each row, now work 10 rows in patt from chart for back, which is worked entirely in st st beg with a K row, ending with RS facing for next row.

Change to yarn C and continue using yarn C throughout.
Next row (RS): K9 [8:6:4:3:12:7:5], K2tog, (K5 [5: 6:6:6:5:6:6], K2tog) 15 [17: 17: 19:21:23:23:25] times, $K$ to end. 110 [120: 132: 142: 154: 164: 176: 186] sts.

## Shape back neck

Next row (WS): P38 [42: 47: 52: 57: 61: 67: 71], P2tog tbl and turn, leaving rem sts on a holder. 39 [43: 48: 53: 58: 62: 68:72] sts.
Work each side of neck separately.
Keeping patt correct, work 4 rows, dec 1 st at neck edge of every row. 35 [39: 44: 49: 54: 58: 64: 68] sts.
Cast off.
With WS facing, slip centre 30 [32:34:34:36:38:38: 40] sts onto a holder (for neckband), rejoin yarn C to rem sts and work as folls:
Next row: P2tog, P to end. 39 [43: 48:53:58: 62: 68:72] sts.
Complete to match first side, reversing shapings.

## FRONT

Work as given for back until 25 [25:27:27:31:31:31:33] rows less have been worked than on back to cast-off edge, ending with WS facing for next row.

## Shape front neck

Next row (WS): P41 [45:52:57:64: 68:74:78], P2tog tbl and turn, leaving rem sts on a holder. 42 [46:53:58: 65: 69: 75:79] sts.
Work each side of neck separately.
Dec 1 st at neck edge of next 7 [7: 9:9:11:11:11:11] rows.
35 [39: 44: 49: 54: 58: 64: 68] sts.
Work 0 [0:0:0:2:2:2:4] rows straight, ending with a WS facing for next row.
Next row (WS): P4 [6: 5: 4: 6: 5: 4: 7], M1P, (P7 [7: 7: 7: 6: 7: 8: 6], M1P) 4 [4:5:6:7:7:7:9] times, $P$ to end. 40 [44:50:56:62:66:72:78] sts.
Beg and ending rows as indicated and repeating the 6 st patt rep $6[7: 8: 9$ : 10: 10: 11:12] times across each row, now work 10 rows in patt from front RIGHT chart, ending with RS facing for next row.
Change to yarn C and continue using yarn C throughout.
Next row: K3 [5: 4:3:2:4:7:2], K2tog, (K6, K2tog) 4 [4:5:6:7:7:7:9] times, K to end. 35 [39: 44: 49:54:58: 64:68] sts.
Work 5 rows in st st, beg with a purl row.
Cast off.

With WS facing, slip centre 24 [26:24: 24: 22: 24: $24: 26]$ sts onto a holder (for neckband), rejoin yarn A to rem sts, P2tog then purl to end.
42 [46: 53: 58: 65: 69:75:79] sts.
Complete to match first side, reversing shapings and working from front
LEFT chart.

## SLEEVES

Note: The sleeve increases are not shown on the charts.
Using 3 mm (US 2/3) needles and yarn A cast on 44 [47: 47: 50: 53: 56: 56: 56] sts.
Row 1 (RS): K1, 夫K2, P1, rep from * to last st, K1.
Row 2: K1, $\star \mathrm{K} 1, \mathrm{P} 2$, rep from ${ }^{\star}$ to last st, K1.
These 2 rows form rib.
Cont in rib until sleeve meas 4 cm , - [dec: inc: -: dec: -: -: inc] - [1: 1: -: 1: -:
-: 2] sts evenly across last row and ending with WS facing for next row.
44 [46: 48:50:52:56:56:58] sts.
Change to $33 / 4 \mathrm{~mm}$ (US 5) needles.
Purl 1 row in yarn A.
Join yarn D and beg with a K row, work 2 rows in st st.
Break off yarn D.
Using yarn A, beg with a K row, cont in st st, inc 1 st at each end of 3rd [3rd: 3rd: 3rd: next: next: next: next] and 8 [9: 11: 11: 1: 3: 7: 9] foll 4th [4th: 4th: 4th: 2nd: 2nd: 2nd: 2nd] rows, then on 0 [0:0:0:12:11:10: 9] foll 4th rows. 62 [66: 72: 74: 80: 86: 92: 96] sts.
Work 2 [0:2:0:2:2:2:2] rows straight ending with WS facing for next row. (Sleeve should meas approx.
18 [19: 22.5: 22: 24.5: 24.5: 25.5:25.5] cm.
Next row (WS): P7 [6:5: 6: 4: 5: 8: 9], M1P, (P7 [6:7:7: 8: 7: 7: 6], M1P) 7 [9: 9: 9: 9: 11:11:13] times, $P$ to end. 70 [76: 82: 84: 90: 98: 104: 110] sts.
Beg and ending rows as indicated and repeating the 6 st patt rep 11 [12: 13:
14: 15: 16:17:18] times across each row, work rows 1 to 10 from sleeve chart
A, beg with a RS row and inc 1 st at each end of the 3rd [1st: 3rd: 1st: 3rd: 3rd: 3rd: 3rd] and 1 [2:1:2:1:1:1:1] foll 4th rows, ending with RS facing for next row and taking inc sts into patt. 74 [82: 86: 90: 94: 102: 108: 114] sts. Change to yarn C.
Next row (RS): (Inc in first st) 1 [0:1:0:1:1:1:1] times, K3 [4:5:3:6:5:2:3], K2tog, (K7 [6: 6:7:5: 6:7:6], K2tog) 7 [9:9:9:11:11:11:13] times, K to last $1[0: 1: 0: 1: 1: 1: 1]$ sts, (inc in last st) $1[0: 1: 0: 1: 1: 1: 1]$ times.
68 [72: 78: 80: 84: 92: 98: 102] sts.
Work 3 rows in st st using yarn C, beg with a purl row and inc 1 st at each end of - [2nd: -: 2nd: -: -: -: -] row. 68 [74: 78: 82: 84: 92: 98: 102] sts.
Change to yarn A.
Work 2 rows in st st using yarn $A$, inc 1 st at each end of 1 st $[-: 1 \mathrm{st}$ : -: 1 st: 1 st: 1st: 1st] row. 70 [74: 80: 82: 86: 94: 100: 104] sts.
Next row (RS): (Inc in first st) 0 [1:0:1:0:0:0:0] times, K3 [5:4:7:4:8:4:6], M1, (K7 [7: 8: 6: 7: 7: 7: 7], M1) 9 [9: 9: 11:11:11:13:13] times, $K$ to last $0[1: 0: 1: 0: 0: 0: 0]$ sts, (inc in last st) $0[1: 0: 1: 0: 0: 0: 0]$ times. 80 [86: 90: 96: 98: 106: 114: 118] sts.
Beg and ending rows as indicated and repeating the 24 st patt rep 3 [3:3:4: 4: 4: 4: 4] times across each row, work rows 1 to 19 from sleeve chart $\mathbf{B}$, beg with a WS row and inc 1 st at each end of the 2nd [4th: 2nd: 4th: 2nd: 2nd: 2nd: 2nd] and 2 [1:4:3:4:4:4:4] foll 6th [4th: 4th: 4th: 4th: 4th: 4th: 4th] rows, then on 0 [1:0:0:0:0:0:0:] foll 6th rows, taking inc sts into patt.
86 [92: 100: 104: 108: 116: 124: 128] sts.
Cont in yarn A only.
Next row (RS): (Inc in first st) 1 [1:0:1:0:0:0:0] times, K5 [5:5:6:3:5:9:3], K2tog, (K6 [5: 6: 6: 7: 6: 6:6], K2tog) 9 [11: 11: 11: 11: 13: 13: 15] times, K to last 1 [1:0:1:0:0:0:0] sts, (inc in last st) 1 [1:0:1:0:0:0:0] times.
78 [82: 88: 94: 96: 102: 110: 112] sts.

Work 2 rows in st st using yarn A, beg with a purl row and inc 1 st at each end of - [-: 2nd: -: 2nd: 2nd: 2nd: 2nd] row. 78 [82: 90: 94: 98: 104: 112: 114] sts. Change to yarn B.
Work 3 rows in st st using yarn B, beg with a purl row and inc 1 st at each end of - [-: -: 2nd: -: -: -: -] row. 78 [82: 90: 96: 98: 104: 112: 114] sts.
Next row (RS): (Inc in first st) 1 [1:0:0:1:1:1:1] times, K7 [7:6:9:3:6:10:4], M1, (K7 [6: 7: 6: 7: 7: 7: 7], M1) 9 [11:11:13:13:13:13:15] times, $K$ to last $1[1: 0: 0: 1: 1: 1: 1]$ sts, (inc in last st) $1[1: 0: 0: 1: 1: 1: 1]$ times.
90 [96: 102: 110: 114: 120: 128: 132] sts.
Beg and ending rows as indicated and repeating the 6 st patt rep 15 [16: 17: 18: 19: 20:21:22] times across each row, work rows 1 to 10 from sleeve chart C, beg with a WS row and inc 1 st at each end of the 6th [6th: 4th: 2nd: 4th: 4th: 4th: 4th] and the - [-: 1:2:1:1:1:1] foll - [-: 6th: 4th: 4th: 4th: 4th: 4th] rows, taking inc sts into patt. 92 [98: 106: 116: 118: 124: 132: 136] sts. Change to yarn B.
Next row (WS): P6 [4: 8:5:6:9:5:7], P2tog, (P5 [6: 6: 6: 6: 6: 6: 6], P2tog) 11 [11:11:13:13:13:15:15] times, $P$ to end.
80 [86: 94: 102: 104: 110: 116: 120] sts.
Work 2 rows in st st using yarn B, inc 1 st at each end of 1st [1st: -: -: 1st: 1st: 1st: 1st] row. 82 [88: 94: 102: 106: 112: 118: 122] sts.
Next row (RS): (Inc in first st) $0[0: 0: 1: 0: 0: 0: 0]$ times, $\mathrm{K} 8[5: 8: 5: 7: 3: 6: 8]$, M1, (K6 [7:7:7:7:7:7:7], M1) 11 [11:11:13:13:15:15:15] times, $K$ to last 0 [0:0:1:0:0:0:0] sts, (inc in last st) 0 [0:0:1:0:0:0:0] times.
94 [100: 106: 118: 120: 128:134:138] sts.
Beg and ending rows as indicated, and repeating the 6-st patt rep 15 [16:17: 19: 20: 21:22: 23] times across each row, work rows 1 to 10 from sleeve chart D, beg with a WS row and inc 1 st at each end of the 4th [4th: 2nd: 2nd: 4th: 4th: 4th: 4th] and the foll 6th [6th: 6th: 4th: 4th: 4th: 4th: 4th] row, taking inc sts into patt.
98 [104: 110: 122: 124: 132: 138: 142] sts.
Cont in yarn C only.
Next row (WS): P7 [6:9:6:7:4:7:9], P2tog, (P7 [8:11: 6:10:9:9:9], P2tog) 9 [9:7:13:9:11:11:11] times, $P$ to end.
88 [94: 102: 108: 114: 120: 126: 130] sts.
Work 5 rows in st st using yarn C.
Cast off on WS.

## MAKING UP

Press as described on the information page.
Join right shoulder seam using back stitch, or mattress stitch if preferred.

## Neckband

With RS facing, using 3 mm (US $2 / 3$ ) needles and yarn D pick up and knit 19 [19: 21:21: $25: 25: 25: 25]$ sts down left side of front neck, $K$ across 24 [26: 24: 24: 22: 24: 24: 26] sts from front holder, pick up and knit 19 [19: 21:21:25:25:25:25] sts up right side of front neck, and 5 sts down right side of back neck, $K$ across 30 [32:34:34:36:38:38: 40] sts from back holder, then pick up and knit 5 sts up left side of back neck.
102 [106: 110: 110: 118: 122: 122: 126] sts.
Beg with row 2, work 1 row in rib as given for back.
Change to yarn A .
Cont in rib for a further 10 rows using yarn A.
Cast off in rib.
Join left shoulder and neckband seam.
Mark points along side seam edges 20 [21.5:23:24.5:26:27.5:28.5:29.5] cm either side of shoulder seams (to denote base of armhole openings). See information page for finishing instructions, setting in sleeves using the straight cast-off method.


## TENSION

Obtaining the correct tension is perhaps the single factor which can make the difference between a successful garment and a disastrous one. It controls both the shape and size of an article, so any variation, however slight, can distort the finished garment. Different designers feature in our books and it is their tension, given at the start of each pattern, which you must match. We recommend that you knit a square in pattern and/or stocking stitch (depending on the pattern instructions) of perhaps 5-10 more stitches and 5-10 more rows than those given in the tension note. Mark out the central 10 cm square with pins. If you have too many stitches to 10 cm try again using thicker needles, if you have too few stitches to 10 cm try again using finer needles. Once you have achieved the correct tension your garment will be knitted to the measurements indicated in the size diagram shown at the end of the pattern.

## CHART NOTE

Many of the patterns in the book are worked from charts. Each square on a chart represents a stitch and each line of squares a row of knitting. Each colour used is given a different letter and these are shown in the materials section, or in the key alongside the chart of each pattern. When working from the charts, read odd rows (RS) from right to left and even rows (WS) from left to right, unless otherwise stated. When working lace from a chart it is important to note that all but the largest size may have to alter the first and last few stitches in order not to lose or gain stitches over the row.

## WORKING A LACE PATTERN

When working a lace pattern it is important to remember that if you are unable to work both the increase and corresponding decrease and vica versa, the stitches should be worked in stocking stitch.

## KNITTING WITH COLOUR

There are two main methods of working colour into a knitted fabric: Intarsia and Fairisle techniques. The first method produces a single thickness of fabric and is usually used where a colour is only required in a particular area of a row and does not form a repeating pattern across the row, as in the fairisle technique.
Fairisle type knitting: When two or three colours are worked repeatedly across a row, strand the yarn not in use loosely behind the stitches being worked. If you are working with more than two colours, treat the "floating" yarns as if they were one yarn and always spread the stitches to their correct width to keep them elastic. It is advisable not to carry the stranded or "floating" yarns over more than three stitches at a time, but to weave them under and over the colour you are working. The "floating" yarns are therefore caught at the back of the work.
Intarsia:The simplest way to do this is to cut short lengths of yarn for each motif or block of colour used in a row. Then joining in the various colours at the appropriate point on the row, link one colour to the next by twisting them around each other where they meet on the wrong side to avoid gaps. All ends can then either be darned along the colour join lines, as each motif is completed or then can be "knitted-in" to the fabric of the knitting as each colour is worked into the pattern. This is done in much the same way as "weaving- in" yarns when working the Fairisle technique and does save time darning-in ends. It is essential that the tension is noted for intarsia as this may vary from the stocking stitch if both are used in the same pattern.

## FINISHING INSTRUCTIONS

After working for hours knitting a garment, it seems a great pity that many garments are spoiled because such little care is taken in the pressing and finishing process. Follow the text below for a truly professional-looking garment.

## PRESSING

Block out each piece of knitting and following the instructions on the ball band press the garment pieces, omitting the ribs. Tip: Take special care to press the edges, as this will make sewing up both easier and neater. If the ball band indicates that the fabric is not to be pressed, then covering the blocked out fabric with a damp white cotton cloth and leaving it to stand will have the desired effect. Darn in all ends neatly along the selvage edge or a colour join, as appropriate.

## STITCHING

When stitching the pieces together, remember to match areas of colour and texture very carefully where they meet. Use a seam stitch such as back stitch or mattress stitch for all main knitting seams and join all ribs and neckband with mattress stitch, unless otherwise stated.

## CONSTRUCTION

Having completed the pattern instructions, join left shoulder and neckband seams as detailed above. Sew the top of the sleeve to the body of the garment using the method detailed in the pattern, referring to the appropriate guide:
Straight cast-off sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Sew top of sleeve to body, using markers as guidelines where applicable.
Square set-in sleeves: Place centre of castoff edge of sleeve to shoulder seam. Set sleeve head into armhole, the straight sides at top of sleeve to form a neat right-angle to cast-off sts at armhole on back and front.
Shallow set-in sleeves: Place centre of cast off edge of sleeve to shoulder seam. Match decreases at beg of armhole shaping to decreases at top of sleeve. Sew sleeve head into armhole, easing in shapings.
Set-in sleeves: Place centre of cast-off edge of sleeve to shoulder seam. Set in sleeve, easing sleeve head into armhole.
Join side and sleeve seams.
Slip stitch pocket edgings and linings into place.
Sew on buttons to correspond with buttonholes. Ribbed welts and neckbands and any areas of garter stitch should not be pressed.

| ABBRE | TIONS |
| :---: | :---: |
| K | knit |
| P | purl |
| st(s) | stitch(es) |
| inc | increas(e)(ing) |
| dec | decreas(e)(ing) |
| st st | stocking stitch (1 row K, 1 row P) |
| g st | garter stitch (K every row) |
| beg | begin(ning) |
| foll | following |
| rem | remain(ing) |
| rev st st | reverse stocking stitch <br> (1 row $\mathrm{P}, 1$ row K ) |
| rep | repeat |
| alt | alternate |
| cont | continue |
| patt | pattern |
| tog | together |
| mm | millimetres |
| cm | centimetres |
| in(s) | inch(es) |
| RS | right side |
| WS | wrong side |
| sl 1 | slip one stitch |
| psso | pass slipped stitch over |
| p2sso | pass 2 slipped stitches over |
| tbl | through back of loop |
| M1 | make one stitch by picking up horizontal loop before next stitch and knitting into back of it |
| M1P | make one stitch by picking up horizontal loop before next stitch and purling into back of it |
| yfwd | yarn forward |
| yrn | yarn round needle |
| meas | measures |
| 0 | no stitches, times or rows |
| - | no stitches, times or rows for that size |
| yon | yarn over needle |
| yfrn | yarn forward round needle |
| wyib | with yarn at back |

## CROCHET TERMS

UK crochet terms and abbreviations have been used throughout. The list below gives the US equivalent where they vary.

| ABBREV. | UK | US |
| :--- | :--- | :--- |
| dc (sc) | double crochet | (single crochet) |
| htr (hdc) | half treble | (half double <br> crochet) |
| tr (dc) | treble | (double crochet) |
| dtr (tr) | double treble | (treble) |

EXPERIENCE RATING - for guidance only

## - = Beginner Techniques

For the beginner knitter, basic garment shaping and straight forward stitch technique.

## - - = Simple Techniques

Simple straight forward knitting, introducing various, shaping techniques and garments.

## - - = Experienced Techniques

For the more experienced knitter, using more advanced shaping techniques at the same time as colourwork or more advanced stitch techniques.

## - - - = Advanced Techniques

Advanced techniques used, using advanced stitches and garment shaping along with more challenging techniques

BUTTONS, BEADS AND RIBBONS
USED IN THIS MAGAZINE ARE SOURCED FROM:


Bedecked Haberdashery
The Coach House
Barningham Park
Richmond
North Yorkshire
DL11 7DW
TEL: +44 (0) 1833621451
eMail: thegirls@bedecked.co.uk
Web: www.bedecked.co.uk

## Debbie Albrahams-

Website: www.debbieabrahams.com
Email: beads@debbieabrahams.com
Tel: 01159607991

Groves \& Banks
Eastern Bypass
Thame
Oxfordshire
OX9 3FU
eMail: groves@stockistenquiries.co.uk
Web: www.grovesltd.co.uk

## WASH CARE INFORMATION

Below are the symbols you are likely to see and a brief explanation of each.

MACHINE WASH SYMBOLS


HAND WASH SYMBOLS


DRY CLEAN SYMBOLS


IRONING SYMBOLS


DO NOT BLEACH SYMBOL


Bleach

## DRYING SYMBOLS



When you knit and wear a Rowan design we want you to look and feel fabulous. This all starts with the size and fit of the design you choose. We have recently increased our size range to help you achieve the best fit for your knitwear.

Our womenswear sizes range from $28^{\prime \prime}(71 \mathrm{~cm})$ through to 62 " $(157 \mathrm{~cm})$ chest. Whilst our menswear and unisex sizes range from $32 "(81 \mathrm{~cm})$ to $62 "$ ( 157 cm ).

The Dimensions in the charts below are body measurements, not garment dimensions, therefore please refer to the measuring guide to help you to determine which is the best size for you to knit.

## STANDARD WOMENS SIZING GUIDE

The sizing within this chart is also based on the larger size within the range.


## STANDARD MENS AND UNISEX SIZING GUIDE

The sizing within this chart is also based on the larger size within the range.

| To fit chest: | $32-34$ | $36-38$ | $40-42$ | $44-46$ | $48-50$ | $52-54$ | $56-58$ | $60-62$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $81-86$ | $91-97$ | $102-107$ | $112-117$ | $122-127$ | $132-137$ | $142-147$ | $152-157$ |
| To fit waist: | $24-26$ | $28-30$ | $32-34$ | $36-38$ | $40-42$ | $44-46$ | $48-50$ | $52-54$ |
|  | $61-66$ | $71-76$ | $81-86$ | $91-97$ | $102-107$ | $112-117$ | $122-127$ | $132-137$ |

inches
cm
inches
cm


## SIZING \& SIZE DIAGRAM NOTE

The instructions are given for the smallest size. Where they vary, work the figures in brackets for the larger sizes. One set of figures refers to all sizes. Included with most patterns is a size diagram, see image opposite of the finished garment and its dimensions. The measurement shown at the bottom of each size diagram shows the garment width. The size diagram will also indicate how the garment is constructed, for example if the garment has a drop shoulder, this will be reflected in the drawing. To help you choose the size of garment to knit please refer to the sizing guide. Generally in the majority of designs the welt width (at the cast on edge of the garment) is the same width as the chest. If you don't want to measure yourself, note the size of a similar shaped garment that you own and compare it with the size diagram given at the end of the pattern.


## MEASURING GUIDE

For maximum comfort and to ensure the correct fit when choosing a size to knit, please follow the tips below when checking your size. Measure yourself close to your body, over your underwear and don't pull the tape measure too tight!

Bust/chest | measure around the fullest part of the bust/chest and across the shoulder blades.

Waist | measure around the natural waistline, just above the hip bone.
Hips | measure around the fullest part of the bottom.

Finally, once you have decided which size is best for you, please ensure that you achieve the tension required for the design you wish to knit.

Remember if your tension is too loose, your garment will be bigger than the pattern size and you may use more yarn. If your tension is too tight, your garment could be smaller than the pattern size and you will have yarn left over.

Furthermore if your tension is incorrect, the handle of your fabric will be too stiff or floppy and will not fit properly. It really does make sense to check your tension before starting every project.

